



# Abbi Carswell

## DEPARTMENT LEADER, SPECIAL PROGRAMS

I have been with Ultimate Kids for a little over a year and have had experience in coaching the preschool, recreational gymnastics, and most recently, the recreational acro program. I am excited to now be Department Leader for Special Programming where I'll get to use my experience to plan fun camps and events at Ultimate Kids.

I graduated UNC Wilmington with a major in Therapeutic Recreation and am nationally certified (CTRS). Along with this, I was a collegiate cheerleader with a background in competitive gymnastics.

Certifications: CPR/AED, First Aid, Safesport, and QPR Suicide Prevention Gatekeeper.

Fun Facts: I am an identical twin and I fractured my eye in five places trying to show my twin a "cool trick" on my bed- yet, I still have perfect vision.

Philosophies:

"Chase your dreams, you won't regret it. Anything can happen if you let it." ~Mary Poppins Musical

"Be silly. Be honest. Be kind." ~Ralph Waldo Emerson.

