

## **Christian Anderson**

## **DEPARTMENT LEADER, PARKOUR**

Christian joined our family at Ultimate Kids in 2015. He has a background in martial arts and parkour, Traceur and is a dancer! Christian earned the 2007 USSJA Young Warrior Challenge where he was 1st in Self-defense and 3rd in Sparring. He attended NC A&T University where he received his BS degree in Landscape Architecture.

Certifications: Level 2 WFPF certified instructor, USAG Safety certified.

Christian was the student ambassador for "People to People International" Study Abroad. He attended "Making A Difference Leadership Training" through Mt. Zion Baptist Church and the "Helping Santa Help Kids" Workshop.

Christian enjoys drawing, design, architecture, landscaping and gardening. He also practices yoga and Trigger point.

Christian's teaching philosophy: "I teach to empower, to encourage people to liberate themselves, to challenge what they think is possible, to explore, to have fun, to be strong - to be free."

